

ADVISORY COMMISSION ON AGING

General Session Agenda

Monday, June 12, 2023

9:15am – 11:45am

In-Person

Maxwell Park Conference Room
6955 Foothill Blvd. Suite 137/143
Oakland, California 94605

TELECONFERENCING GUIDELINES: FOR TELECONFERENCED COMMISSION MEETINGS, MEMBERS OF THE PUBLIC MAY OBSERVE AND PARTICIPATE IN MEETINGS BY FOLLOWING THIS LINK: [ZOOM LINK](#) DIALING IN: +1 669 900 6833 US (San Jose). Meeting ID: 899 2454 4024 | Passcode: 839169

Public participation at Commission meetings is encouraged. We request that individuals limit their comments on any single item on the agenda to two minutes. The chosen spokesperson for a group may speak for four minutes.

Agenda Item	Material Provided	Presenter	Time
Call to Order/Roll Call		Chair McMichael-Cady	9:15—9:20
Approval of May 2023 ACA Meeting Minutes	p. 3-10	Chair/Commission	9:20 – 9:25
Comments from the Public for Items not on the agenda		General Public	9:25 – 9:35
Comments from the ACA Chair	Brown Act Changes Eff. 01/01/2023	McMichael-Cady	9:35 – 9:45
Unfinished Business		Commission	9:45 – 10:00
Election of New Chair and New Vice-Chair for 2023-2024		Chair/Election Committee	10:00 – 10:10
Retreat Report	p. 11	Commission	10:10 – 10:20
Area Agency on Aging Director Report		Jennifer Stephens-Pierre, SSA	10:20 – 10:35
2023-2024 Area Plan Update (APU) /Public Hearing Report		Kim Fogel, SSA	10:35– 10:50
Countywide Area Plan (CWAP) 2024-28 Progress Report		Kim Fogel, SSA	10:50 – 11:20

Commission Committee Reports <ul style="list-style-type: none"> ▪ Executive ▪ Service Delivery ▪ Public Relations ▪ No Wrong Door (NWD) ▪ Master Plan on Aging/County wide Area Plan (MPA/CWAP) ▪ Budget and Funding 		Committee Members	11:20—11:35
Oral Communications/Announcements		Commissioners, Staff, Public	11:35—11:45
Adjourn		Commission	11:45

Next ACA General Session Committee is scheduled for Monday, July 10, 2023 9:15am—11:45pm
Check website [Advisory Commission on Aging \(alamedacountysocialservices.org\)](https://www.alamedacountysocialservices.org) for update.

Notes

ADVISORY COMMISSION ON AGING (ACA)
Commission Meeting Minutes
Monday, May 8, 2023 | 9:15am to 11:45am
Maxwell Park Room, Eastmont Mall, Ste 143

<p><u>ACA Commissioners Present</u> Laura McMichael-Cady (Chair) Kester Watters (Vice-Chair) Donna Griggs-Murphy (Virtual) Dr. Linda Boykins (Virtual) Sukvinder Waraich (Virtual) Howard Kirsch Florence Raskin</p> <p><u>Commissioners Absent</u> Barbara Price Bobby Grant Gursewak Singh Dhaliwal</p>	<p><u>County of Alameda Staff Present</u> Faith M. Battles (AAD) Sonya Frost (Division Director) Esperanza Contreras Janine Carlson Mariana Austin Marlisa Davis (Virtual) Kim Fogel Delbert Walker (Virtual)</p>
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Item	Discussion / Recommendations
A. CALL TO ORDER Welcome & Introductions Adopt agenda	Meeting Chaired by Laura McMichael-Cady called to order at 9:26am. Roll Call of Commissioners Quorum achieved.
B. REVIEW AGENDA.	
C. APPROVE MINUTES	Motion to accept meeting minutes from 04/10/2023: (M) Watters (S) Kirsch Approved.

Andrea Ford, Agency Director

D. COMMENTS FROM THE PUBLIC	Faith M. Battles: The Commission's Retreat should be treated as a public meeting. If the meeting is held at a commissioner's home, the address has to be made public and arrangements need to be made to allow for online participation.
E. ACA CHAIR REPORT (Commissioner McMichael-Cady)	The Chair would like to remind the Commissioners that all Committees should meet at least monthly.
F. PRESENTATION: EMPOWERED AGING (Dorann "Dod" Zotigh, Healthcare Career Pathway Program Manager and Charmaine Brent, Director of Programs & Services)	Please refer to the end of this document for a full presentation.
G. ESTABLISH NOMINATION COMMITTEE FOR 2023-2024 ACA CHAIR AND ACA VICE CHAIR	Commissioner Price and Commissioner Boykins volunteered to be on the Nominating Committee
H. CWAP UPDATE (Delbert Walker and Kim Fogel)	There is an update that needs to be made to plan, however AAA needs to have 23/24 funding numbers. At this point there are only projections for the next year's funding.
I. AAA DIRECTOR'S REPORT (J. Stephens-Pierre)	<ul style="list-style-type: none"> • Effective July 1st CRIL will become the ADRC contractor for CDA. • The ADRC core group formed a care transitions workgroup. The goal of the workgroup is to form partnerships with other care transition partners, ad develop and provide trainings to skilled nursing facilities and hospital discharge planners. • The ADRC cohort will hold an all-staff training on May 23rd. • ADRC update: <ul style="list-style-type: none"> ○ Post the major disaster declaration, all AAA programs must resume standard service delivery by July 1st. AAA continues to meet with providers to provide guidance and is in the process of developing a transitions FAQ. ○ Older American recovery and resiliency act (OARRS): AAA is in the process of OARRS contracts. The services will include intergenerational activities through behavioral healthcare services, meals, family caregiving support, fall prevention education, and

Andrea Ford, Agency Director

	<p>legal services.</p> <ul style="list-style-type: none"> ○ Modernization of older Californians act \$1.2 m (2-year)- the purpose of this funding is to pilot oca services that were impacted or terminated in the 2008 recession. The AAA director met with the City of Oakland to discuss their OCA services, primarily their linkages and MSSP programs. AAA has ○ Plans to meet with other programs providing oca services to determine the need level for full program implementation. ○ F. Career pathways to healthcare: the purpose of this program is to develop a CNA training program in alameda county. The primary partners in this effort are empowered aging, AAA, and San Leandro adult school. Empowered aging was awarded funding through the master plan on aging to assist counties with developing CNA training opportunities, like their efforts in Contra Costa County. The AAA received an award from CDA to build out a workforce to serve older adult service. Our plans are to use the combined funding for the implementation of the program. ○ G. Countywide area plan: AAA worked with the CWAP steering committee to finalize the CWAP survey questions. The senior planner is in the process of completing the final draft and marketing plan. Other updates will be provided in the CWAP presentation later in this meeting.
J. BOARD OF SUPERVISOR PRESENTATION REPORT (Commissioner Kirsch)	
K. BOARD OF SUPERVISOR REPORT APPROVAL	<p>Motion to submit the report to the Board of Supervisors as written:</p> <p>(M) Watters (S) Kirsch Approved.</p> <p>ACTION ITEM: Commissioners Kirsch and Watters to send a copy of the report to Andrea Ford.</p>
L. ORAL COMMUNICATIONS AND ANNOUNCEMENTS	<ul style="list-style-type: none"> • None
M. COMMITTEE REPORTS	<ul style="list-style-type: none"> • Executive Committee (L. McMichael-Cady) – No report. • Service Delivery (G. Dhaliwal) <ul style="list-style-type: none"> ○ Commissioner Boykins is joining the committee. • Public Relations & Senior Update (L. McMichael-Cady)

Andrea Ford, Agency Director

	<ul style="list-style-type: none"> ○ ACTION ITEM: AAA to share volunteer opportunities for the Alameda County Fair with Commission. • No Wrong Door (K. Watters) <ul style="list-style-type: none"> ○ Commissioner Watters has developed a Master Plan for the Committee. • MPA/ CWAP (H. Kirsch) <ul style="list-style-type: none"> ○ The committee will be meeting next on Wednesday, 5/10/23. ○ AAA will only be able to attend a portion of the meeting. • Budget & Funding– No report. <ul style="list-style-type: none"> ○ ACTION ITEM: AAA to provide the Budget & Funding Committee with a report of the new funding received by AAA.
N. OTHER ITEMS	<ul style="list-style-type: none"> • Next Meetings: Executive Committee: Monday, May 22, 2023, at 9:00AM ACA Commission Meeting: Monday, June 12, 2023 at 9:15AM
O. ADJOURNMENT	Meeting adjourned at 11:41 AM

Healthcare Career Pathway Program

Empowering the workforce to improve resident care through reimagined partnerships.

Revolutionizing training for the long-term care industry by being person-centered.



**Alameda
Area Agency on Aging
Presentation**

Charmaine Brent
Director of Programs and Services
Dodi Zotigh, CST, MS
Director of Healthcare Career Pathway

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Empowered Aging

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Envisions a world where all older adults and their families are enabled to navigate the aging continuum through person-centered advocacy, education, and collaborative leadership.

Our work is driven by the passion of staff, volunteers, and donors who give their time, money, and voice to improve lives and spark change.



Our Footprint in Your Community

More than 480,000 seniors live in Contra Costa, Solano, and Alameda counties. The map shows the expanse of our reach and the current facilities we serve.

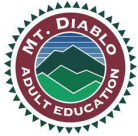


Turning Innovative Ideas into Real Community-Based Solutions

- Elder and Adult with Disabilities Justice Program
- Friendly Visiting and Telephone Reassurance
- Long-Term Care Ombudsman
- Masters in Social Work Internship
- Resident Empowerment Program
- Healthcare Career Pathway
- PARTNERSHIPS AND COLLABORATIONS!



Original Partners in Contra Costa



Community Health Fund

John Muir Health Building Bridges to Better Health



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HCP's Growth & Development



The Healthcare Career Pathway (HCP) is an innovative partnership addressing the critical shortage of direct care workers. HCP includes comprehensive training for Certified Nursing Assistants that removes obstacles to success by providing one on one case management and wraparound supportive services.

Founding partners include Empowered Aging, Mt. Diablo Adult Education, and Opportunity Junction.



2018
Partners came together supported by John Muir CHF funding to create the HCP Model & plan

2020
COVID19 changed the way we deliver healthcare and education; HCP pivots to hybrid learning

2022
HCAI grants Empowered Aging \$5 million to expand HCP in up to 6 counties in California

2017
Empowered Aging began discussions with John Muir Community Health Fund (CHF)

2019
Partners worked together to launch the first CNA Training cohort at Mt. Diablo Adult Education in Concord

2021
Partners launched the second HCP site for CNA Training at Opportunity Junction in Antioch

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The First Step



Certified Nursing Assistant Training



- Comprehensive Curriculum - Required Content, Best Practices, and Essential Skills
- Wraparound Support Services
- Collaborative Relationships with SNFs
- Partnership Model, Shared Staffing, and Consensus Driven Leadership
- Informed and Equity Minded Team Members



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Core Values & Foundational Principles



Growth Mindset

Person Centered

Restorative Justice

Addressable Barriers

Wraparound Supports

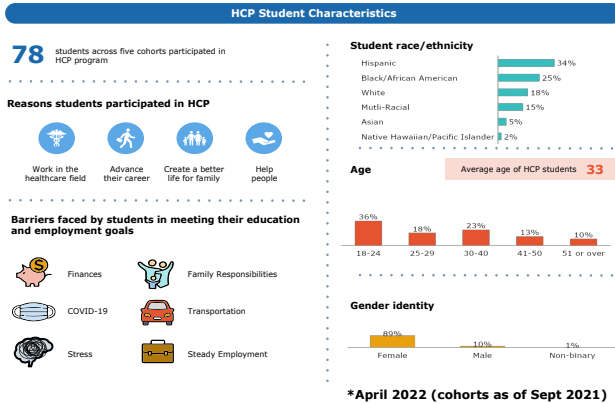
Essential Life Skills

Key Partnerships

Creative & Sustainable Funding

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Healthcare Career Pathways | Executive Summary



Overview. Contra Costa County is a region in need of high-quality health care as well as additional local career opportunities. In response, Empowered Aging, Heart Diablo Adult Education (HDAE), and Opportunity Junction collaborated to create the Healthcare Career Pathway (HCP) program. HCP offers a Certified Nursing Assistant (CNA) training and pathway toward self-sufficiency for individuals with addressable barriers. This unique program supplements 12 weeks of CNA training with psychosocial supports such as life skills, hands-on clinical experience, and job placement assistance, to ensure students' career and personal success.

Harder+Company Community Research partnered with HCP leadership to evaluate the impact of the program. This summary highlights the characteristics of students who participated in HCP, their experience with the program, as well as opportunities for HCP moving forward.

Program Highlights

After participating in HCP, nearly all students graduated, were certified, and employed in a healthcare related career.

Graduated from program	71
Certified after program completion	67
Employed in field related to healthcare	61
Employed as CNA	47



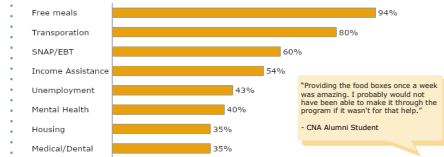
Students who participated in HCP increased their income.



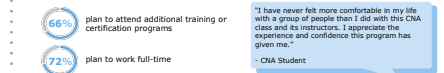
The majority of students reported increased job skills and readiness after participating in HCP.



Many students utilized the wrap around support available through HCP.



Student's future plans include enrolling in additional training programs and working full-time.



Opportunities for HCP moving forward

- Continue to match students with local facilities and certification programs based on their interests and needs
- Consider a model for skilled nursing facilities to fund HCP student education



***April 2022 (cohorts as of Sept 2021)**

Victories & Impact

- Statewide Expansion - through HCAI grant funding
- Model Program - CA Master Plan for Aging, Goal 4: Caregiving That Works
- Scan Foundation Innovation Award – Honorable Mention
- Trusted Partner - LTC Facilities & Elected Officials
- Two Locations - Fourteen Cohorts – 219 Graduates
 - Food Security, Self Sufficiency, & Stable Housing
 - Increased Sense of Value and Worth reported
 - Alumni career advancement including 1 RN & 2 LVN
- Increased CNA Staffing & Improved Resident Care



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Adopting the HCP Model

- Identify and bring together 2-3 partners to include:
 - Educational Institution, Older Adult Advocate, Industry Liaison, and Case Management
- Draft and approve MOUs for partnership
- Develop a work plan to launch the CNA Training Program
- Engage with evaluation firm, Harder & Co., around student outcomes and program data
- Identify sustainable funding sources and future training opportunities for graduates (on site or by referral)



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Connect With Us

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Questions?





ADVISORY COMMISSION ON AGING

Retreat Minutes

Date: Thursday May 25, 2023

Time: 1:00 PM Pacific Time

- 1. Call to Order: 1:08 PM. Present: Laura McMichael-Cady, Howard Kirsch, Kester Watters, Bobby Grant, Sukhvinder Waraich, Barbara Price, Linda Boykin, Flo Raskin, Al Badger, Jan Pang, Kathy Post**
- 2. Discussion of bylaws and committee responsibilities: How can we be more effective? Commission consensus was that: we need to be more proactive, reach out to our networks and attend BOS meetings, as needed, to call attention to issues, be guided by our vision and mission statements and the Older Americans Act, and push back against the County and AAA when they tell us our scope is limited by reminding them of the principles put forth in the CWAP Assurances.**
- 3. Chair/Vice Chair election: Kester will stand for Chair and Laura for Vice-Chair. Kester put forth his strategy for moving forward: Committees will be more active, with posted meeting times, plans, goals, and objectives. Commission meetings will be focused on committee reports. Commissioners will insist on clear answers to Commission questions and sticking to the agenda (items that go over time will be tabled and assigned to committees).**
- 4. CWAP/APU: Public meeting was not well-attended, but questions about housing and LGBTQ services came up. Commission has concerns about fulfilling the CWAP Assurances and about the questionnaire. Laura will relay these to Jennifer prior to next ACA Meeting.**
- 5. Plans for going forward: See above.**
- 6. Adjournment: 3:50 PM**

----- Summary of Brown Act Changes Effective January 1, 2023 -----

A new bill signed into law in September, AB 2449, provides boards and commissions with long-term permissions to hold remote meetings without having to give the public access to private locations, subject to certain restrictions. The new law will take effect on January 1, 2023.

In response to the pandemic, the California Legislature previously passed AB 361 to streamline the requirements for teleconference/virtual meetings under the Brown Act during times of local emergency. Before AB 361, the Brown Act's teleconference rules required posting each teleconference location and making each location open to the public, which proved ineffective during a global pandemic. Over the past two years, public agencies and the general public have become more comfortable with meeting virtually, and many public bodies lobbied to get legislation passed that would extend the remote meeting protections past AB 361's sunset date of Jan. 1, 2024. AB 2449 aims to do just that. Crucially, AB 361 still remains effective until Jan. 1, 2024, and local agencies may continue to make or renew remote meeting findings under that law as appropriate.

AB 2449 reiterates the standard Brown Act teleconference rules, re-codifies the rules set out in AB 361 for times of declared emergency, and also provides for relaxed teleconferencing rules when a member of the board/commission needs to attend remotely for an emergency, or other reasons supported by "just cause."

Newly Added Teleconference Rules Available Jan. 1, 2023

Under the new teleconference rules, a board/commission may hold a "hybrid" (partial teleconference, partial in-person) meeting without having to comply with certain procedural requirements (post agendas at teleconference locations, identify teleconference locations in the agenda, make all teleconference locations open to the public) in the following limited circumstances:

1. One or more members of the board/commission (but less than a quorum) have "just cause" for not attending the meeting in person.
Just cause is defined as:
 - a. childcare or family caregiving need
 - b. contagious illness
 - c. physical or mental disability need, or
 - d. travel while on official public business)
2. One or more members of the board/commission (but less than a quorum) experience an *emergency circumstance* (a physical or family medical emergency that prevents in-person attendance).

In order to participate remotely under the *just cause* provisions, the member must notify the board/commission at the earliest possible opportunity, including at the start of a meeting, of their need to participate remotely and provide a general description of the circumstances related to one of the four items in #1, above.

Emergency circumstances means a physical or family medical emergency that prevents a member from attending in person. In order to participate remotely under the *emergency circumstances* provisions, the member must request that the board/commission allow them to participate in the meeting remotely because of emergency circumstances and the board/commission must take action to approve the request.

A member must make a request to participate remotely under the *emergency circumstances* provisions as soon as possible. The board/commission may take action on this request at the earliest opportunity. If the request does not allow sufficient time to place it on the agenda for the meeting for which the request is made, the board/commission may take action on the request at the beginning of the meeting by majority vote.

The board/commission must request a general description of the circumstances relating to the member's need to appear remotely. This description does not have to be more than 20 words and the member does not have to disclose any personal medical information.

If board/commission members participate remotely under this new law for either the *just cause* or *emergency circumstances* situations described above then the following rules apply:

- The board/commission must provide a way for the public to remotely hear, visually observe, and remotely address the board/commission, either by a two-way audiovisual platform or a two-way telephonic service and a live webcasting of the meeting.
- The board/commission must provide notice of how the public can access the meeting and offer comments.
- The agenda must identify and include an opportunity for the public to attend and directly address the board/commission through a call-in option, an internet-based service option, and in-person at the location of the meeting.
- The board/commission cannot require comments to be submitted before the start of the meeting. The public must be allowed to make "real time" public comment.
- If there is a disruption to the meeting broadcast or in the ability to take call-in or internet-based public comment, no further action can be taken on agenda items until the issue is resolved.
- The board/commission must implement a procedure for receiving and resolving requests for reasonable accommodations for individuals with disabilities, and must give notice of these procedures.
- Members participating remotely must participate through both audio and visual technology.
- Members participating remotely must publicly disclose at the meeting before any action is taken whether any other individuals 18 years of age or older are present

in the room at the remote location with the member and the general nature of the member's relationship with the individual.

- **A member may not participate in meetings solely by teleconference under this law for more than three consecutive months or 20% of the regular meetings for the public agency within a calendar year. If the board/commission regularly meets less than 10 times a year, a member may not participate remotely for more than two meetings.**

The board/commission may still meet via teleconference by following the traditional Brown Act rules of identifying the teleconference site on the agency's agenda and ensuring it is accessible for the public to attend. **Further, board/commission may meet by teleconference under AB 361 until January 1, 2024 during the Governor's proclaimed State of Emergency and as long as other requirements are met.**